

Spring 1: Drug, alcohol and tobacco education (DATE) Staying safe	Manners x1 Not interrupting	Manners	Manners	Manners	Manners	Manners	Manners		Staying Safe themed week (every 2 years)
	MindMate x1 Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems	MindMate Solving problems		
	Drug, alcohol and tobacco education x2 Scheme of work	What do we put into and on to bodies?	Medicines and me Asthma	Tobacco is a drug	Making choices	Different influences	Weighing up risk	11, 12, 14, 21, 22, 26, 27, 29, 30, 36	
	Keeping safe and managing risk x2 Scheme of work	Feeling safe	Indoors and outdoors (inc Internet safety)	Bullying -see it, say it, stop it	Playing safe (inc online)	When things go wrong	Keeping safe out and about	6, 11, 15, 26, 27, 28, 30	
Spring 2: Being me	Manners x1 Vampire	Manners	Manners	Manners	Manners	Manners	Manners		
	MindMate x1 Feeling good and being me	MindMate Feeling good and being me	MindMate Feeling good and being me	MindMate Feeling good and being me	MindMate Feeling good and being me	MindMate Feeling good and being me	MindMate Feeling good and being me	1, 2, 9, 10, 21	
	Body image x4 (Oak Cottage)	Body image	Body image	Body image	Body image	Body image	Body image	1, 2, 9, 10, 21	
Summer 1: Healthy minds	MindMate x1 Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	MindMate Strong emotions	3, 26, 27, 28	Money Matters themed week (every 2 yrs)
	Mental health x3 Scheme of work	Feelings	Friendships	Strengths and challenges	Strengths and challenges (Y3)	Dealing with friendships	Healthy Minds	3, 9, 10, 21, 22, 24, 26, 27, 28	
	Careers, financial capability & economic wellbeing x2 Scheme of work	My Money	My Money (Y1)	Saving, spending & budgeting	Saving, spending & budgeting (Y3)	Borrowing & earning money	Borrowing & earning money (Y5)		

Summer 2: Relationships Changes	MindMate x1 Friends and family	MindMate Friends and family	MindMate Friends and family	MindMate Friends and family	MindMate Friends and family	MindMate Friends and family	MindMate Friends and family	11, 16, 19, 20, 23, 25, 32, 34, 38	Being Healthy themed week w/c 02.07.18 (every 2 yrs)
	Relationships x3 Scheme of work		Boys and girls, families			RSE Growing up & changing CSE	Growing up and changing How a baby is made	26, 27, 28	
	Physical Health & Wellbeing x1 Scheme of work (themed week)	Fun times	What keeps me healthy?	What helps me choose?	What is important to me?	In the media	In the media (Y5)	21, 22, 24	
	MindMate x1 Life changes and transitions	MindMate Life changes and transitions	MindMate Life changes and transitions	MindMate Life changes and transitions	MindMate Life changes and transitions	MindMate Life changes and transitions	MindMate Life changes and transitions		

Living and Learning: weekly statements 2017-2018

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
I greet someone politely.	I understand rights come with responsibilities.	I don't interrupt (with my mouth or my hand).	I cover my mouth (when I yawn, cough, sneeze).	I can name emotions.	I know the difference between laughing at and laughing with someone.
I show I'm ready to learn. I respond to feedback.	I know we're all the same and we're all different.	I can make things better.	I can say something good about myself.	I recognise emotions in myself and others.	I see things from other people's point of view.
I can take a safe risk. I take responsibility.	I know how to STOP bullying.	I know what a drug is.	I pay compliments in a sensible way.	I show empathy.	I share and include others.
I am resourceful. I am resilient.	I know who I am.	I am aware of risks.	I receive compliments in a sensible way.	I can describe ways to calm down.	I tell the truth and say sorry if I need to.
I remember what I've learnt. I reflect on my learning.	I respect myself and others.	I make safe choices.	I know the difference between being proud and showing off.	I use calming down strategies.	I make healthy choices.
I use the 8 Rs to help me learn.	I respect my communities and other communities.	I stay safe online.	I recognise my talents.	I recognise mental health is important.	I cope with change.
I know I live in a democracy.	I say 'please' and 'thank you'.				I can reflect and look ahead.