

# Autumn MENU

Note: Vegetables vary according to season and availability.

Bread, fresh fruit and a salad bar is available daily.

For allergy and dietary help, please contact the school office

**MONDAY**  
Pizza & Pasta

**TUESDAY**  
Around the World

**WEDNESDAY**  
SCHOOL FAVOURITES

**THURSDAY**  
ROAST DINNER

**FRIDAY**  
FISHY FRIDAYS

Weeks starting: 4th & 25th Sept, 16th Oct, 13th Nov, 4th Dec, 8th & 29th Jan

**\* WEEK 1 \***

Hot Meal-	Tuna Pasta Bake	Chicken Curry	Beef Pie	Roast Pork	Fish Cake
V Option-	Cheese Pizza	Pasta Bake	V Curry	Vegetarian Sausage	V Grill
Jacket-	Beans & Cheese	Tuna & Beans	Beans & Cheese		
Dessert-	Chocolate Sponge	Apple Crumble	Berry Slice	Flapjack	Fun Fruit Friday

**\* WEEK 2 \***

Weeks starting: 11th Sept, 2nd & 30th Oct, 20th Nov, 11th Dec, 15th Jan, 5th Feb

Hot Meal-	Pasta Bolognaise	Ham Pizza	Chicken Pie	Roast Beef	Fish Fingers
V Option-	V Chilli	Cheesy V Pasta	V Bake	Vegetarian Sausage	V Bolognaise
Jacket-	Beans & Cheese	Tuna & Beans	Beans & Cheese		
Dessert-	Jelly	Fruit Crumble	Jam Sponge	Choc Ice-cream Roll	Fun Fruit Friday

**\* WEEK 3 \***

Weeks starting: 18th Sep, 9th Oct, 6th & 27th Nov, 1st & 22nd Jan

Hot Meal-	Lasagne	Chicken Curry	Sausage & Mash	Roast Chicken	Fish & Chips
V Option-	Margarita Pizza	Cheese & Pot Omelette	V Casserole	Vegetarian Sausage	V Chilli Wrap
Jacket-	Beans & Cheese	Tuna & Beans	Beans & Cheese		
Dessert-	Cheese Cake	Flapjack	Apple Sponge	Ice-cream & Fruit	Fun Fruit Friday

