

AUTUMN- MENU

Note: Vegetables vary according to season and availability.

For allergy and dietary help, please contact the school office

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

* WEEK 1 *

Weeks starting: 03.09.18, 24.09.18, 15.10.18, 12.11.18, 03.12.18, 07.01.19 & 28.01.19

Hot Meal	Chicken Korma & Naan	Spaghetti Bolognaise	Sausage Casserole with Dumplings	Roast Pork, Mash & Roasties, Apple Sauce	Battered fish & oven chips
V Option	Veggie Meatballs in a Spicy Tomato Sauce	Macaroni Cheese	Vegetable Curry	Vegetarian Sausage	Veggie Grill in a bun with Garnish
Jacket	Baked Potato with Cheese & Beans	Baked Potato with Tuna & Cheese	Baked Potato with Beans-Coleslaw	N/a	N/a
Dessert	Apple Cobbler & Custard	Fruity Oaty Cookie	Carrot Cake	Berry Jelly Trifle	Jam Sponge & custard

* WEEK 2 *

Weeks starting: 10.09.18, 01.10.18, 22.10.18, 19.11.18, 10.12.18, 14.01.2019 & 04.02.19

Hot Meal	Beef Lasagne & Crusty Bread	Chicken Sweetcorn Pie	Cheese pizza	Roast Beef, Mash, Roasties & Yorkshire Puddings	Fish Bits & Homemade Wedges
V Option	Tuna Pasta Bake	Cheese-Potato Slice with Garlic Bread	Veggie Spaghetti Bolognaise	Vegetarian Sausage	Cheesy Bean Wraps
Jacket	Baked Potato with Cheese & Beans	Baked Potato with Tuna & Cheese	Baked Potato with Beans & Coleslaw	N/a	N/a
Dessert	Jam Tarts Fruit Wedges	Golden Syrup Sponge & Custard	Cheese crackers with grapes or jam	Cinnamon Buns	Ice-cream, Fresh Fruit Wedges

* WEEK 3 *

Weeks starting: 17.09.2018, 08.10.18, 05.11.18, 26.11.18, 17.12.18, 21.01.19 & 11.02.19

Hot Meal	Minced Pie Beef	Chicken Curry with Rice	Ham Pizza	Chicken Breasts, Mash & Roasties	Fish Fingers & Homemade Wedges
V Option	Veggie Lasagne, Garlic Bread	Veggie Mince Chilli Wraps	Veggie Meatballs	Vegetarian Sausage	Cheese & Onion Omelette
Jacket	Baked Potato with Cheese & Beans	Baked Potato with Tuna & Cheese	Baked Potato with Beans & Coleslaw	N/a	N/a
Dessert	Jam Roly Poly & Custard	Yoghurt Berry Crunch	Fruit Crumble Custard	Flapjack & Pineapple	Homemade Scones with Jam

