



**SPHERE**  
FEDERATION

Scholes (Elmet) Primary  
St James' CE Primary  
Moortown Primary

## Living and learning 2021-2022

Healthy eating (see Design Technology - food technology)

	Living and learning theme	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Penny Vine circle times
<b>Autumn 1</b>	<b>Manners x1</b> Greetings and responses	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	Manners <i>Establish L&amp;L ground rules</i>	25,33
	<b>8Rs for learning x2</b>	8Rs	8Rs	8Rs	8Rs	8Rs	8Rs	4,6,7,8,31
<b>Mental health</b>	<b>MindMate x1</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong Emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	<b>MindMate</b> Strong emotions	3,26,27,28
	<b>Mental health x3</b> Islington scheme of work/PSHE association/ Anna Freud/Every Mind Matters	Understanding our emotions	Friendships	Everyday feelings	Managing feelings	Mental health and keeping well	Healthy Minds	3,9,10,21,22, 24,26,27,28
<b>Autumn 2</b>	<b>Manners x1</b> Vampire method (hygiene)	Manners	Manners	Manners	Manners	Manners	Manners	
	<b>MindMate x1</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	<b>MindMate</b> Being the same, being different	35
	<b>Anti-bullying week x1</b> <i>w/c 15.11.21 One kind word</i>	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	Anti-bullying week	12,14,26,27,29, 30,36,39
	<b>Relationships and sex education (RSE) x3</b>	Families NSPCC Pants rule	Caring for others Different families	Male & female animals/children Changing from young to old	Human life cycle Stereotypes	RSE mini topic Changing adolescent body	RSE mini topic Growing up and changing How a baby is made.	26,27,28







## Weekly Living and Learning statements 2021-2022

Autumn 1 X7	Autumn 2 X7	Spring 1 X7	Spring 2 X5	Summer 1 X6	Summer 2 X7
I greet someone politely.	I cover my mouth (when I yawn, cough, sneeze).	I don't interrupt (with my mouth or my hand).	I say 'please' and 'thank you'.	I use good table manners.	I understand the difference between needs and wants.
I know the 8Rs for learning.	I know we're all the same and we're all different.	I understand rights come with responsibilities.	I recognise the importance of personal hygiene including handwashing.	I take part in democratic decisions.	I make choices about my money.
I use the 8 Rs to help me learn.	I know how to STOP bullying.	I respect myself and others.	I know the importance of sleep.	I can solve a problem.	I know what a drug is.
I recognise emotions in myself and others.	I recognise that friends and family are important.	I respect my communities and other communities.	I know how the emergency services can help.	I can say something good about myself.	I understand some drugs can be harmful.
I can talk about my feelings.	I know how to be a good friend.	I can assess my own risks.	I know some basic first aid.	I know what consent is.	I know that being active is mentally and physically healthy.
I can describe and use self-care techniques.	I tell the truth and say sorry if I need to.	I make safe choices, including online.		I pay and receive compliments in a sensible way.	I make healthy choices.
I recognise mental health is important.	I listen to, share with and include others.	I know how to seek help.			I know how to cope with change.