YOUR MENU

Wetherby
St James

Week 1

W/C 05/09/22, 26/09/22, 17/10/22, 14/11/22, 05/12/22, 09/01/23, 30/01/23

MONDAY

- Roasted vegetable mac and cheese (v)
- Vegetarian burger in a bun with jacket wedges (ve)
- Baked potato with pizza topping (v)

Lemon cookie with fresh fruit wedges

Tuesday

- Sticky chicken wrap with rice
- Margherita pizza with jacket wedges (v)
- Baked potato with cheese and onion (v)

Chocolate cornflake cake with fresh fruit wedges

AVAILABLE DAILY

YOGHURTS AND Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY

Wednesday

- Minced beef and onion pie with mashed potato
- Vegetable korma with steamed rice (v)
- Baked potato with baked beans (ve)

Apple flapjack

RED TRACTOR STANDARDS

Leeds CITY COUNCIL

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Pork sausage with mash, roast potatoes and Yorkshire pudding
- Vegetarian sausage with mash, roast potatoes, and Yorkshire pudding (v)

Pear sponge with custard

FRIDAY

- Fish fingers with chips
- Omelette with chips (v)
- Baked potato with baked beans (ve)

Ice cream with peach compote

Future Foodies

Healthy eating for life

FOOD FOR LIFE BRONZE SCHOOL AWARD Soil Association

YOUR MENU

Wetherby St James

Week 2

W/C - 12/09/22, 03/10/22, 31/10/22, 21/11/22, 12/12/22, 16/01/23, 06/02/23

MONDAY

- Breaded chicken in a curry sauce with rice
- Vegetarian sausage pasta bake (v)
- Baked potato with tuna and and sweetcorn

Ice cream with a sponge finger

Tuesday

- Vegetable lasagna (v)
- Cheesy bean wrap with jacket wedges (v)
- Baked potato with baked beans (ve)

Orange sponge with chocolate custard

Wednesday

- Sausage casserole
- Vegetarian kebab wrap with baby baked potatoes (ve)
- Baked potato with cheese and salad (v)

Fruit jelly with fresh fruit salad

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Roast chicken with mash, roast potatoes and Yorkshire pudding
- Vegetarian sausage, mash, roast potatoes and Yorkshire pudding (v)
-

Cheese and crackers with apple wedges

FRIDAY

- Battered fish with chips
- French bread cheese pizza with chips (v)
- Baked potato with baked beans and cheese (v)

Chocolate brownies with fruit wedges

AVAILABLE DAILY

YOGHURTS AND Fresh Fruit

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YOUR MENU

Wetherby St James

Week 3

W/C - 19/09/22, 10/10/22, 07/11/22, 28/11/22, 02/01/23, 23/01/23

MONDAY

- Spaghetti bolognaise (v)
- Spanish omelette with jacket wedges (v)
- Baked potato with baked beans (ve)

Seasonal fruit crumble and custard

Tuesday

- Meat feast pizza with herby diced potatoes
- Sweet potato vegetable chilli with rainbow rice (ve)
- Baked potato with cheese (v)

Rice pudding with homemade strawberry sauce

Wednesday

- Roast chicken and stuffing bap with jacket wedges
- Super five pasta bake (v)
- Baked potato with tuna mayonnaise

Winter fruit flapjack

Seasonal local produce USED WHEREVER POSSIBLE

THURSDAY

- Savoury mince with mash, roast potatoes and Yorkshire pudding
- Vegetarian sausage, mash, roast potatoes and Yorkshire pudding served (v)

Vanilla sponge with custard

FRIDAY

- Fish fingers with chips
- Vegetable nuggets with chips (v)
- Baked potato with cheese and beans (v)

Chocolate shortbread with orange wedges

AVAILABLE DAILY YOGHURTS AND Fresh Fruit

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RED TRACTOR STANDARDS

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