## YOUR MENU

### Wetherby St James

Week 1

W/C - 04/09/23, 25/09/23, 16/10/23, 13/11/23, 04/12/23, 08/01/24, 29/01/24

#### MONDAY

Chicken curry with rice

Vegetable biryani (ve)

Jacket potato with tuna

Shortbread finger with fresh fruit wedges



### Tuesday

Beef cottage pie

Super five vegetable pasta bake with crusty bread (v)

Jacket potato with cheese (v)

Vanilla ice cream with strawberry sauce

# AVAILABLE DAILY YOGHURTS

Fresh Fruit

MENUS ARE SUBJECT To avail ability



Tortilla pizza with jacket wedges (v)

Vegetarian spaghetti bolognaise (ve)

Jacket potato with baked beans (v)

Lemon sponge with custard

**RED TRACTOR STANDARDS** 





#### THURSDAY

Mince beef with mash, roast potatoes and Yorkshire pudding

Vegetarian sausage with mash, roast potatoes, and Yorkshire pudding (v)

Cheese and crackers with apple wedges



#### **FRIDAY**

Fish fingers with chips

Vegan grill with oven chips (ve)

Jacket potato with cheese and coleslaw (v)

Chocolate and orange cookie





#### Wetherby St James



W/C - 11/09/23, 02/10/23, 23/10/23, 20/11/23, 11/12/23, 15/01/24

#### MONDAY

Cheese and onion slice with jacket wedges (v)

Vegetarian pasta bolognaise (ve)

Ice cream with fresh fruit



### Tuesday

Chicken pie with mashed potato

Vegetarian sausage with mashed potato (v)

Pineapple oaty slice

### AVAILABLE DAILY YOGHURTS

Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY



Chicken curry with rice

Margherita pizza with jacket wedges (v)

Marble sponge and custard

**RED TRACTOR STANDARDS** 





#### THURSDAY

Pork sausage with mash, roast potatoes and Yorkshire pudding

Vegetarian sausage, mash, roast potatoes and Yorkshire pudding (v)

**Fun fruit Thursday** 



#### FRIDAY

**Battered fish with chips** 

Cheesy bean wrap with chips (v)

Jelly with fresh fruit salad





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### Wetherby St James



W/C - 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23, 22/01/24

#### MONDAY

Crispy chicken fillet with jacket wedges

Tomato and chickpea curry with rice (v)

Jacket potato with cheese and coleslaw (v)

Golden crunch cookie with fresh fruit wedges



### MOUR MENU

### Tuesday

Margherita pizza with herby diced potatoes (V)

Veggieballs in gravy with herby diced potatoes (ve)

Jacket potato with baked beans (v)

Seasonal fruit crumble and custard

# AVAILABLE DAILY YOGHURTS

AND Fresh Fruit

> MENUS ARE SUBJECT To avail ability



Pasta with beef bolognaise

Omelette with jacket wedges (v)

Jacket potato with tuna crunch

Chocolate sponge and custard

**RED TRACTOR STANDARDS** 





### THURSDAY

Roast pork with mash, roast potatoes and Yorkshire pudding

Vegetarian sausage, mash, roast potatoes and Yorkshire pudding served (v)

Vanilla ice cream with sliced peaches



#### FRIDAY

Fish fingers with chips

Tomato pasta bake (v)

Jacket potato with cheese (v)

Jelly with fresh fruit wedges





